

CODICE ATLETA	SESSO	ETA'	DISTANZA	CODICE GARA	TEMPO OTTENUTO	RECORD PRECEDENTE	MIGLIORAMENTO
ABG	M	44	21,1km	156	1h25'51"	1h26'23"	32"
ABG	M	44	42,2km	53	3h16'59"	3h26'40"	9'41"
ABS	M	49	21,1km	117	1h28'35"	1h30'47"	2'12"
ABS	M	49	10km	522	40'50"	41'16"	26"
ABS	M	49	10km	501	38'58"	40'50"	1'52"
ACP	M	45	10km	527	42'40"	43'26"	46"
ALM	M	47	21,1km	194	1h44'52"	1h45'09"	21"
ALM	M	47	42,2km	5	3h58'21"	4h16'18"	21"
APN	M	22	5km		16'01"	16'26"	23"
APN	M	22	5km		15'57"	16'01"	4"
AQE	M	39	42,2km	3	3h51'34"	4h10'21"	18'48"
ASP	M	31	12km	509	48'16"	49'44"	1'28"
ASP	M	31	13,5km	511	54'08"	56'55"	2'47"
ASP	M	31	21,1km	293	1h26'40"	1h28'13"	1'33"
ASP	M	31	10km	529	40'27"	40'55"	28"
AVA	M	40	21,1km	180	1h26'50"	1h29'16"	2'26"
AVA	M	40	42,2km	3	3h11h20"	3h14'17"	2'57"
AVA	M	40	5km	602	19'12"	20'54"	1'32"
AVA	M	40	21,1km	145	1h24'24"	1h26'50"	2'24"
AVA	M	40	42,2km	56	3h08'02"	3h11h20"	3'18"
AVA	M	40	42,2km	78	3h03'00"	3h08'02"	5'02"
BLC	M	39	21,1km	306	1h48'25"	1h49'02"	37"
BLC	M	39	21,1km	219	1h42'31"	1h48'25"	5'54"
BNI	F	36	5km		20'03"	20'57"	54"
BNI	F	36	5km		19'50"	20'03"	13"
BNV	M	52	21,1km	187	1h40'45"	1h42'40"	1'55"
BNV	M	52	5km	600	21'36"	21'50"	14"
BRN	M	44	21,1km	130	1h23'30"	1h27'21"	3'51"
BRN	M	44	3000m		10'36"	11'50"	1'14"
BRN	M	44	10km	513	37'25"	37'55"	30"
BRN	M	44	21,1km	117	1h22'20"	1h23'30"	1'10"
BRN	M	44	42,2km	13	2h53'36"	3h09'30"	15'54"
BRN	M	44	10km	501	35'51"	37'25"	1'34"
CBG	M	51	30km	808	2h19'44"	2h22'16"	2'32"
CBG	M	52	21,1km	113	1h31'42"	1h33'40"	1'58"
CBI	M	35	42,2km	13	3h06'26"	3h13'09"	6'43"
CPR	M	29	10km	517	40'02"	41'54"	1'52"
CPR	M	29	10km	521	41'54"	43'28"	1'34"
CPR	M	29	10km	522	39'10"	40'02"	48"
CPS	M	41	21,1km	130	1h33'36"	1h36'28"	2'52"
CRN	M	40	21,1km	136	1h22'58"	1h23'41"	43"
CRS	M	35	10km	502	40'20"	43'14"	1'54"
CRS	M	35	5km		19'20"	21'25"	2'05"
CRS	M	35	21,1km	243	1h41'39"	1h50'02"	8'23"
CRS	M	35	21,1km	111	1h39'35"	1h41'39"	2'04"
CRS	M	35	21,1km	145	1h35'00"	1h39'35"	1'46"
CRS	M	35	21,1km	283	1h34'23"	1h35'00"	37"
CRS	M	35	21,1km	141	1h32'39"	1h34'23"	37"
CRS	M	35	10km	503	39'53"	40'20"	1'54"
CST	M	51	42,2km	9	3h37'23"	3h42'42"	5'20"
CTL	M	44	10km	509	40'30"	40'58"	28"
CTL	M	44	5000m		19'45"	20'40"	1'05"
CVN	M	38	10km	513	43'40"	43'57"	17"
CVN	M	38	10km	527	43'20"	43'40"	20"
CVN	M	38	10km	522	42'50"	43'20"	30"
CVN	M	38	10km	521	42'00"	42'50"	50"
CVN	M	38	21,1km	158	1h34'10"	1h36'35"	2'25"
CVN	M	38	42,2km	71	3h33'33"	3h39'51"	6'18"
CXV	M	47	21,1km	250	1h31'11"	1h32'21"	1'10"
DBL	M	37	21,1km	194	1h19'38"	1h20'20"	42"
DBN	M	30	10km	535	36'50"	38'40"	1'50"

DBN	M	30	21,1km	261	1h21'44"	1h25'50"	4'06"
DBR	M	43	13,5km	511	1h00'20"	1h01'51"	1'31"
DBR	M	43	21,1km	178	1h43'01"	1h44'58"	1'57"
DBR	M	43	42,2km	13	3h37'53"	3h47'41"	9'48"
DDL	M	39	21,1km	178	1h24'05"	1h24'44"	39"
DDL	M	39	21,1km	136	1h23'17"	1h24'05"	48"
DDL	M	39	15km	210	1h10'50"	1h12'20"	1'30"
DEL	M	60	42,2km	50	3h41'44"	3h45'22"	3'38"
DGN	M	38	21,1km	307	1h24'14"	1h27'34"	3'20"
DGP	M	45	10km	526	43'49"	44'50"	1'01"
DGP	M	45	42,2km	11	3h44'45"	3h52'10"	7'25"
DGP	M	45	42,2km	83	3h44'00"	3h44'45"	45"
DMB	M	40	21,1km	178	1h26'28"	1h27'45"	1'17"
DSD	M	45	10km	528	46'50"	50'13"	3'23"
DTG	M	46	21,1km	130	1h27'10"	1h28'54"	1'44"
EDC	M	50	21,1km	203	1h42'54"	1h43'32"	38"
EDC	M	49	21,1km	235	1h42'11"	1h42'54"	43"
EDC	M	49	21,1km	250	1h41'52"	1h42'11"	20"
ELM	M	44	21,1km	310	1h36'30"	2h07'14"	30'44"
ELZ	M	37	21,1km	130	1h21'26"	1h21'53"	27"
ELZ	M	37	10km	546	36'10"	36'59"	49"
ELZ	M	38	21,1km	243	1h19'56"	1h21'26"	1'30"
ELZ	M	38	42,2km	53	2h52'00"	2h57'34"	5'34"
ESS	M	43	42,2km	45	3h38'55"	3h47'27"	8'32"
ESS	M	43	21,1km	154	1h34'14"	1h34'54"	40"
ESS	M	43	42,2km	13	3h33'41"	3h38'55"	5'14"
ETF	M	36	21,1km	128	1h37'36"	1h39'42"	2'06"
ETF	M	36	21,1km	310	1h35'23"	1h37'36"	2'13"
EVI	F	40	42,2km	9	3h15'28"	3h24'51"	9'23"
EVI	F	40	21,1km	180	1h33'11"	1h37'52"	4'41"
EVI	F	40	21,1km	194	1h32'00"	1h33'11"	1'11"
EVI	F	40	42,2km	56	3h04'01"	3h15'28"	11'27"
FBB	M	41	21,1km	204	1h42'35"	1h43'38"	1'03"
FBT	M	37	30km	807	2h18'35"	2h27'10"	8'35"
FBT	M	37	21,1km	304	1h28'48"	1h30'40"	1'52"
FBT	M	37	21,1km	214	1h27'07"	1h28'48"	1'41"
FGR	M	46	10km	535	49'10"	49'26"	16"
FMN	M	51	10km	504	49'24"	51'20"	1'56"
FMN	M	40	21,1km	130	1h55'43"	1h56'13"	30"
FNL	M	40	58km	806	3h51'54"	4h02'20"	10'26"
FRD	M	42	21,1km	178	1h21'19"	1h22'29"	1'10"
FRM	M	37	42,2km	70	3h48'02"	3h51'15"	3'13"
FSG	M	44	42,2km	62	3h25'10"	3h28'04"	2'54"
FSR	F	56	10km	517	50'39"	52'06"	1'27"
FSR	F	56	10km	524	48'16"	50'39"	2'28"
GAN	M	48	42,2km	90	3h28'54"	3h50'18"	21'24"
GBG	M	50	21,1km	179	1h41'01"	1h50'13"	9'12"
GBS	M	42	21,1km	113	1h17'20"	1h18'26"	1'06"
GBS	M	42	42,2km	50	2h47'04"	2h48'45"	1'41"
GBS	M	42	42,2km	67	2h45'15"	2h47'04"	1'49"
GDT	M	47	42,2km	78	3h12'45"	3h17'43"	4'58"
GFL	M	49	21,1km	130	1h30'30"	1h32'57"	2'27"
GFL	M	49	10km	528	40'09"	42'18"	2'09"
GFR	M	41	21,1km	253	1h33'04"	1h35'38"	2'34"
GFR	M	41	10km	532	38'40"	39'55"	1'15"
GFR	M	41	21,1km	200	1h31'33"	1h33'04"	1h31'
GGD	M	44	21,1km	118	1h30'09"	1h32'20"	2'11"
GGD	M	44	21,1km	170	1h29'31"	1h30'09"	38"
GGR	M	42	21,1km	305	1h38'38"	1h39'27"	49"
GML	M	40	21,1km	306	1h28'26"	1h31'08"	2'42"
GMM	M	38	10km	521	42'03"	42'35"	32"
GPT	M	31	21,1km	106	1h46'36"	1h51'11"	4'35"

GPT	M	31	10km	521	46'50"	49'27"	2'37"
GRG	M	37	21,1km	130	1h30'23"	1h32'16"	1'53"
GSN	F	40	42,2km	13	3h07'30"	3h12'56"	5'26"
GUL	M	34	21,1km	177	1h28'55"	1h31'36"	2'41"
GZN	M	46	21,1km	204	1h32'36"	1h33'18"	42"
GZN	M	46	21,1km	143	1h32'01"	1h32'36"	35"
GZN	M	46	21,1km	305	1h31'54"	1h32'01"	7"
HLM	M	50	10km	507	41'30"	43'10"	1'40"
LAN	M	51	42,2km	50	3h14'51"	3h15'54"	1'03"
LCD	M	37	21,1km	178	1h19'24"	1h26'11"	6'47"
LED	M	38	21,1km	149	1h24'32"	1h28'47"	4'15"
LED	M	38	10km	527	37'31"	38'05"	34"
LED	M	38	21,1km	277	1h20'50"	1h24'32"	3'42"
LFN	M	41	21,1km	299	1h15'23"	1h15'36"	21"
LKU	M	32	5km		19'10"	19'45"	35"
LKU	M	32	5km		40'55"	41'35"	55"
LMD	M	42	21,1km	249	1h30'52"	1h31'20"	28"
LMD	M	42	21,1km	223	1h29'05"	1h30'52"	1'47"
LMD	M	42	42,2km	59	3h14'22"	3h15'23"	1'01"
LMD	M	42	10km	537	37'54"	40'20"	2'26"
LMD	M	42	42,2km	50	3h09'35"	3h14'22"	4'47"
LPI	M	46	42,2km	3	4h07'33"	4h19'28"	11'55"
LPM	F	54	21,1km	142	2h01'13"	2h04'10"	2'57"
LRN	M	36	21,1km	130	1h12'52"	1h13'20"	28"
LSL	M	45	42,2km	50	2h52'06"	3h08'17"	16'10"
MBR	M	31	21,1km	298	1h31'20"	1h35'53"	4'33"
MBR	M	31	42,2km	93	3h26'44"	4h03'	36'16"
MBR	M	31	5km	602	20'00"	20'49"	49"
MCC	M	42	21,1km	127	1h35'05"	1h40'27"	5'22"
MCC	M	42	42,2km	53	3h21'37"	3h26'26"	4'50"
MCL	M	50	21,1km	178	1h34'12"	1h38'40"	4'28"
MCN	M	54	42,2km	53	3h15'08"	3h22'16"	7'08"
MDA	M	41	10km	508	39'46"	41'28"	1'42"
MLC	M	29	21,1km	250	1h23'28"	1h24'37"	1'09"
MLC	M	29	21,1km	156	1h20'52"	1h23'38"	2'46"
MLC	M	29	21,1km	194	1h20'13"	1h20'52"	39"
MLC	M	30	10km	534	36'30"	39'11"	2'41"
MLC	M	30	10km	532	36'20"	36'30"	10"
MLI	F	44	10km	513	51'50"	52'32"	42"
MML	M	56	10km	521	46'33"	47'30"	57"
MMS	M	47	42,2km	83	4h05'02"	4h09'27"	4'25"
MNI	F	53	1500m		5'41"	5'45"	4"
MNI	F	53	800m		2'45"	2'52"	4"
MNI	F	53	1500m		12'12"	12'21"	9"
MNI	F	53	3000m		5'38"	5'41"	3"
MPL	M	43	42,2km	88	3h02'38"	3h10'02"	7'04"
MPN	M	40	42,2km	13	3h03'14"	3h05'27"	2'13"
MRE	M	36	21,1km	130	1h38'51"	1h41'37"	2'46"
MRM	M	25	21,1km	269	1h26'24"	1h28'38"	2'14"
MRP	M	47	21,1km	250	1h32'36"	1h32'57"	21"
MRP	M	47	21,1km	100	1h31'25"	1h32'36"	1'01"
MRP	M	47	5km		19'20"	20'15"	55"
MRP	M	47	21,1km	152	1h29'51"	1h31'25"	1'34"
MRP	M	47	42,2km	78	3h34'11"	3h39'26"	5'15"
MVG	M	38	21,1km	277	1h37'33"	1h39'37"	2'04"
MVG	M	38	21,1km	272	1h34'27"	1h37'33"	3'03"
MVG	M	38	21,1km	243	1h33'35"	1h34'27"	52"
MVG	M	38	42,2km	5	3h36'49"	3h53'47"	16'58"
MVG	M	38	42,2km	13	3h31'19"	3h36'49"	5'30"
MVL	M	38	42,2km	50	3h20'45"	3h38'39"	17'55"
MZC	M	53	21,1km	145	1h43'02"	1h45'12"	2'10"
MZC	M	53	42,2km	54	3h58'51"	4h09'44"	10'53"

MZC	M	53	42,2km	67	3h53'39"	3h58'51"	5'12"
MZD	M	35	21,1km	114	1h32'18"	1h33'44"	1'26"
MZD	M	35	21,1km	111	1h31'30"	1h32'18"	48"
MZD	M	35	10km	543	39'23"	41'49"	2'26"
MZD	M	35	21,1km	234	1h28'44"	1h31'30"	2'46"
NCF	M	49	21,1km	178	1h59'18"	2h02'10"	2'52"
NCF	M	49	10km	507	54'31"	56'10"	1'39"
NCS	M	52	21,1km	182	1h34'17"	1h38'27"	4'10"
NCS	M	52	21,1km	117	1h33'53"	1h34'17"	24"
NCS	M	52	42,2km	13	3h25'34"	3h41'51"	16'17"
NDC	M	42	21,1km	117	1h58'23"	2h09'50"	11'27"
NDC	M	42	10km	522	52'50"	55'17"	2'27"
NDN	M	40	21,1km	303	1h29'39"	1h45'16"	15'37"
NDN	M	40	5km		19'31"	20'15"	44"
NDN	M	40	5km		19'22"	19'31"	9"
NDN	M	40	42,2km	91	3h14'43"	3h25'10"	10'27"
NFS	M	51	21,1km	203	1h44'47"	1h45'05"	18"
NFS	M	51	10km	513	46'14"	49'07"	2'53"
NFS	M	51	21,1km	127	1h41'07"	1h44'47"	3'40"
NFS	M	51	42,2km	55	3h42'17"	3h46'14"	3'57"
NFS	M	51	42,2km	78	3h38'00"	3h42'17"	4'17"
NHG	F		21,1km	178	1h39'33"	1h42'43"	3'10"
NIL	M	41	10km	513	44'50"	45'08"	18"
NIL	M	41	10km	527	44'10"	44'50"	40"
NIL	M	41	10km	513	42'15"	44'10"	1'55"
NST	M	48	21,1km	108	1h34'26"	1h34'52"	26"
PAL	M	41	10km	513	41'08"	41'59"	51"
PAL	M	41	21,1km	194	1h29'22"	1h36'23"	7'01"
PAL	M	41	10km	522	40'30"	41'08"	38"
PBZ	F	51	21,1km	113	1h50'49"	1h51'07"	18"
PCR	M	38	21,1km	130	1h42'48"	1h44'11"	1'23"
PDD	M	49	21,1km	154	1h30'30"	1h31'31"	1'01"
PIO	M	39	21,1km	142	1h13'46"	1h14'19"	33"
PIO	M	39	21,1km	159	1h12'04"	1h13'46"	1'42"
PIO	M	40	42,2km	13	2h34'18"	2h38'55"	4'37"
PIS	M	41	21,1km	292	1h23'17"	1h25'10"	1'53"
PIS	M	41	42,2km	13	3h02'26"	3h03'39"	1'13"
PLI	M	42	21,1km	142	1h25'10"	1h26'13"	1'03"
PLI	M	39	21,1km	253	1h42'16"	1h43'01"	45"
PLI	M	39	21,1km	104	1h40'12"	1h42'16"	2'04"
PLI	M	39	10km	546	44'44"	46'58"	2'14"
PLM	M	46	42,2km	11	3h29'35"	3h32'03"	2'28"
PLM	M	46	42,2km	78	3h21'27"	3h29'35"	8'08"
PLR	M	38	21,1km	234	1h23'50"	1h24'18"	28"
PLU	M	39	5km		18'54"	19'25"	31"
PLZ	M	53	21,1km	299	1h45'26"	1h46'13"	47"
POL	M	41	21,1km	270	1h51'05"	1h53'38"	2'33"
POL	M	41	21,1km	279	1h50'26"	1h51'05"	39"
POL	M	41	21,1km	116	1h49'15"	1h51'05"	2'33"
POL	M	41	10km	546	51'10"	54'02"	2'52"
POL	M	41	5km		23'05"	23'45"	40"
PPF	M	37	21,1km	234	1h28'25"	1h30'03"	1'38"
PPF	M	37	42,2km	83	3h15'14"	3h21'47"	6'33"
PPR	M	25	21,1km	163	1h29'55"	1h31'07"	1'12"
PPT	M	42	21,1km	208	1h37'22"	1h49'09"	11'47"
PPT	M	42	21,1km	308	1h36'09"	1h37'22"	1'13"
PTU	M	39	42,2km	7	3h28'06"	3h29'22"	1'16"
PTU	M	39	5000m		19'35"	20'02"	27"
PUL	M	43	42,2km	54	3h44'41"	3h46'22"	1'41"
PUL	M	43	42,2km	13	3h41'27"	3h44'41"	3'14"
QAZ	M	40	21,1km	130	1h23'50"	1h23'57"	7"
RCT	M	49	42,2km	13	3h55'24"	5h06'56"	1h10'23"

RDL	F	55	10km	548	5'20"	52'50"	30"
RET	M	45	21,1km	142	1h43'05"	1h43'39"	35"
RET	M	45	42,2km	71	3h45'50"	4h19'06"	33'16"
RET	M	45	5km		19'06"	19'24"	18"
RET	M	45	3000m		11'07"	11'12"	5"
RET	M	45	5km		19'00"	19'06"	6"
RFN	M	48	42,2km	83	3h24'52"	3h33'56"	9'04"
RFN	M	48	21,1km	127	1h38'23"	1h43'25"	5'02"
RFR	F	33	21,1km	278	1h42'40"	1h43'38"	1'02"
RFR	F	33	21,1km	113	1h41'29"	1h42'40"	1'11"
RFR	F	33	42,2km	54	3h41'30"	3h44'35"	3'05"
RGV	M	41	10km	513	37'37"	38'13"	36"
RGV	M	41	21,1km	127	1h22'09"	1h24'21"	2'12"
RGV	M	41	42,2km	78	2h54'47"	2h56'01"	1'14"
RIT	M	36	10km	527	39'51"	41'06"	2'16"
SCE	M	43	21,1km	253	1h24'35"	1h26'20"	1'45"
SED	M	43	10km	535	52'20"	54'50"	1'30"
SER	F	51	21,1km	236	1h45'02"	1h47'27"	2'25"
SFR	F	35	42,2km	50	3h19'01"	3h20'13"	1'12"
SMR	F	58	21,1km	309	1h37'49"	1h43'17"	5'28"
SPL	M	47	42,2km	9	3h10'38"	3h13'58"	3'20"
SPL	M	47	42,2km	13	3h09'21"	3h10'38"	1'17"
SPL	M	47	42,2km	78	3h05'47"	3h09'21"	3'34"
TGE	M	40	10km	509	37'29"	40'21"	2'52"
TGE	M	40	5000m		18'20"	19'05"	45"
THB	F	39	42,2km	9	3h33'59"	3h39'07"	5'08"
TIL	M	47	42,2km	13	3h29'34"	3h31'02"	1'36"
TRE	M	46	21,1km	142	1h52'23"	1h57'10"	4'47"
TRO	M	40	10km	513	41'20"	41'33"	13
TUI	M	36	21,1km	114	1h40'36"	1h43'06"	3'30"
VBI	M	44	10km	527	37'17"	38'50"	1'23"
VGf	M	38	42,2km	11	3h08'13"	3h12'35"	4'22"
VUR	M	53	21,1km	143	1h43'11"	1h48'22"	5'11"